

#### International: Support for PSP/CBD/MSA

### **Peer Supporters**

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

### **Support Groups**

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit <u>www.psp.org/ineedsupport/online-support-groups</u> for CurePSP's national support groups

### <u>Canada</u>

**Peer Supporter:** Mauro Campanelli **City:** Oakville, ON **Email**: <u>mcampanelli@trimac.com</u> **Phone:** 416-709-7309 **Experience:** PSP **Relationship to diagnosis:** Adult child of a deceased patient

**Peer Supporter:** Riel Hishon **City:** Toronto, ON **Email**: <u>riel.hishon@gmail.com</u> **Phone:** 647-225-6220 **Experience:** PSP **Relationship to diagnosis:** Adult child of deceased patient **Availability:** Evenings/weekends **Languages:** English and French

Montreal Facebook Group for people with PSP/MSA/CBD/LBD and care partners *Location:* <u>https://www.facebook.com/groups/3473422349337693/?ref=share&fs=e&s=cl</u> *Associated Medical Center:* Centre Hospitalier de L'Université de Montreal

Virtual Support Group for people with PSP/CBD/MSA and care partners (Toronto based)

*Location:* Meeting virtually - See PSP Canada Events Page: <u>https://pspsocietycanada.ca/events/</u>

*Meeting Time:* 3rd Wednesday of every month from 7:30pm to 9:00pm ET *Facilitator:* Stéphane Hetherington, <u>hetherington@pspsocietycanada.ca</u>, 1-888-675-0230

### Virtual Support Group for people with PSP/CBD/MSA and care partners (Alberta based)

**Location**: Meeting virtually on Zoom – contact facilitator for link **Meeting Time:** 1<sup>st</sup> Tuesday of each month from 10:00 – 11:00 AM MST **Facilitator**: Parkinson Association of Alberta - <u>clientservices@parkinsonassociation.ca</u> or 1-800-561-1911

## Virtual Support Group for people with PSP/CBD/MSA and care partners (Hamilton based)

*Location:* Meeting virtually - contact facilitator for link or visit (<u>https://pspawareness.com/pages/zoom-support-meetings-for-psp</u>) *Meeting Time:* Every Thursday from 7:00pm-9:00pm ET *Facilitator:* Kate Borgert, <u>info@coleencunninghamfoundation.com</u>, 905-616-9433

# British Columbia Support Group for people with PSP/MSA/CBD/LBD and care partners

*Location:* Contact facilitator for location *Associated Medical Center*: University of British Columbia Hospital *Meeting Time:* 4<sup>th</sup> Friday of every month from 10:00am-11:30am *Facilitator:* Bob Brett, <u>curepspbc@gmail.com</u>, 604-930-8150

Ontario Support Group for people with PSP/CBD/MSA and care partners *Location:* Port Nelson United Church, 3132 South Drive, Burlington ON *Meeting Time: Last Monday* of every month from 1:00pm-3:00pm (No December Meeting) *Facilitator:* January Will, <u>info@coleencunninghamfoundation.com</u>, 905-616-9433

#### <u>India</u>

**Peer Supporter:** Niti Vaidya **City:** Mumbai **Email**: <u>nitivaidya@gmail.com</u> **Phone:** 91-982-032-9719 **Experience:** Cared for a parent with PSP **Languages:** English, Hindi, Gujarati, and Marathi

India Support Group for Care Partners of people with PSP/CBD/MSA Location: Meeting virtually - contact facilitator for link *Meeting Time:* 2nd Sunday of every other month from 15:00-16:00 IST *Facilitator:* Niti Vaidya, 91-982-032-9719, <u>nitivaidya@gmail.com</u>

#### <u>Kuwait</u>

*Peer Supporter:* Noha Al-Awadi *City:* Jabriya *Email:* <u>noha.alawadi@gmail.com</u> *Phone:* + 965 66612660 *Experience:* Cared for a parent with PSP/PD