



Pacific/Mountain Region: Support for PSP/CBD/MSA

Peer Supporters

If you are in search of one-on-one conversation about the journey you are on, please find the names and contact information of our peer supporters. Peer supporters are available to offer practical care tips, connect with local resources, and provide emotional support. Feel free to reach out to anyone on this or other regional lists, regardless of location.

Support Groups

Support groups are safe and dedicated spaces to connect with and learn from individuals and families on similar journeys. CurePSP's network of regional support groups offers opportunities to meet others in your community impacted by PSP, CBD and MSA. You can also visit www.psp.org/ineedsupport/online-support-groups for CurePSP's national support groups.

California

Peer Supporter: Chloe Heath **City:** Santa Clara, CA

Email: cheath@scu.edu **Phone:** 314-220-6409

Experience: Caring for a parent with PSP

Peer Supporter: Eric Kim **City:** San Jose, CA

Email: erickim44@hotmail.com **Phone:** 408-493-3086

Experience: Cared for a parent with CBD

Peer Supporter: John O'Rorke **City:** Fresno, CA

Email: jcororke82@gmail.com **Phone:** 559-981-7696

Experience: Cared for a spouse with PSP

Peer Supporter: Deidre Reed **City:** Los Angeles, CA

Email: deidre@reedwrites.com **Phone:** 310-560-7560

Experience: Cared for a parent with PSP

Peer Supporter: Sharon Reichardt Walker **City:** Cupertino, CA

Email: sharon007walker@gmail.com **Phone:** 650-773-6107

Experience: Cared for a spouse with PSP

Peer Supporter: Raynell Bales **City:** Cerritos, CA
Email: raybales@gmail.com **Phone:** 562-316-4202
Experience: Cared for a parent with PSP

Los Angeles, CA Support Group for people with PSP/CBD/MSA and care partners

Location: Meeting virtually – contact facilitator for link
Meeting Time: 1st Friday of every month at 2pm PT
Facilitator: Arik Johnson, arik.johnson@mac.com

Sacramento Support Group for PSP care partners

Location: Contact facilitator for more information
Meeting Time: 3rd Thursday of every month 10am -12pm. Location can vary, contact facilitator for information.
Facilitator: Terrel Whitfield, terrelwhitfield@gmail.com, 916-844-5365 (text friendly!)

San Francisco Bay Area (Northern CA) Support Group for PSP/CBD/MSA care partners (PSP and CBD together, MSA meets separately)

Location: Restaurant in San Mateo (odd months), Virtual (even months) - contact facilitator for location or link
Meeting Time: 2nd Sunday, 5:00pm - 7:00pm PT (February - 4th Sunday; May - 3rd Sunday)
Facilitator: Robin Riddle, robin.riddle@brainsupportnetwork.org, 650-814-0848

San Francisco Bay Area (Northern and Central CA) Support Group for people with PSP/CBD

Location: Meeting virtually - contact facilitator for link
Meeting Time: 2nd Sunday, 2:00pm - 3:00pm PT (February - 4th Sunday; May - 3rd Sunday)
Facilitator: Robin Riddle, robin.riddle@brainsupportnetwork.org, 650-814-0848

San Francisco Bay Area (Northern and Central CA) Support Group for people with MSA

Location: Meeting virtually - contact facilitator for link
Meeting Time: 2nd Sunday, 3:00pm - 4:00pm PT (February - 4th Sunday; May- 3rd Sunday)
Facilitator: Robin Riddle, robin.riddle@brainsupportnetwork.org, 650-814-0848

Colorado

Denver Support Group for people with PSP/MSA/CBD and care partners

Location: Meeting virtually - contact facilitator for link
Meeting Time: 2nd Friday of the month at 10:00am MT
Facilitator: Jan Coffelt, jancoffelt@gmail.com

Denver Support Group for PSP/MSA/CBD care partners

Location: Meeting virtually - contact facilitator for link
Meeting Time: 4th Friday of the month at 10:00am MT
Facilitator: Jan Coffelt, jancoffelt@gmail.com

Hawaii

Hawaii Support Group for people with PSP/CBD/MSA and care partners

Location: Meeting virtually – call 808-691-4577 for link
Associated Medical Center: Queen’s Medical Center
Meeting Time: 2nd Friday of each month from 12:00-1:00pm HST

Oregon

Oregon Support Group for PSP and MSA care partners

Location: Meeting virtually - contact facilitator for link
Meeting times: 3rd Fridays of the month, 12-2pm PST
Facilitator: Parkinson's Resources of Oregon, 800-426-6806,
info@parkinsonsresources.org

Oregon Support Group for people with PSP and MSA and care partners

Location: Meeting virtually - contact facilitator for link
Meeting times: 4th Saturdays of the month, 10:30am-12:00pm PST
Facilitator: Akiko Erwin, 503-853-9584; Or contact Parkinson's Resources of Oregon for questions at 800-426-6806, info@parkinsonsresources.org

Utah

University of Utah Support Group for people with PSP/CBD/MSA and care partners

Location: Meeting virtually - contact facilitator for link
Associated Medical Center: University of Utah
Meeting Time: 2nd Thursday of each month from 5- 6pm
Facilitator: Sidney Heil, CHES sidney.heil@hsc.utah.edu, 801-585-2354

Washington

Peer Supporter: Chamu Kallem **City:** Redmond, WA
Email: chamukallem@gmail.com **Phone:** 425-563-5590
Experience: Cared for a parent with PSP

Seattle APDA Atypical Support Group

Location: Meeting virtually - contact facilitator for link
Meeting Time: 4th Monday of every month at 11:00am PT
Facilitator: Katie Freeman, 206.507.4091, kfreeman@apdaparkinson.org